

Superheroes Try

even when it's hard!

Superheroes try their best.



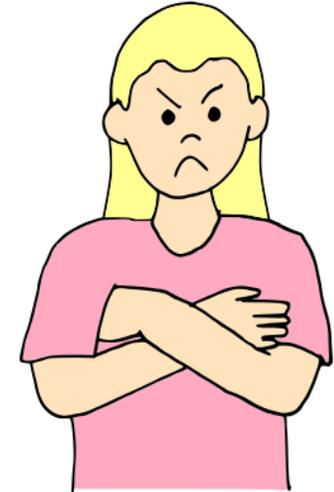
Some things are hard to do.



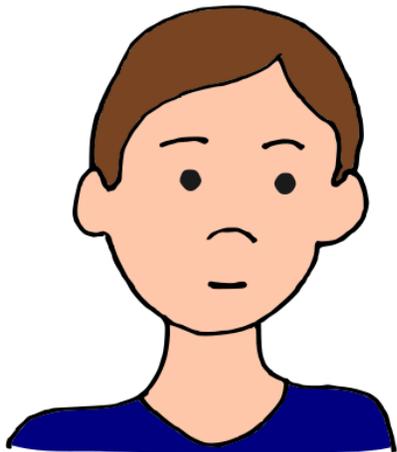
Sometimes I get
Frustrated.



When I am frustrated,
I get mad.



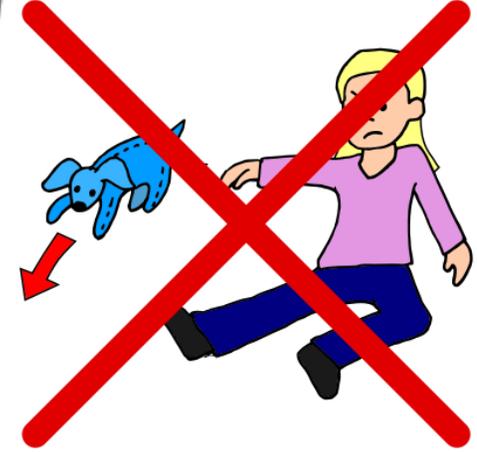
It's okay to feel mad.



But I don't lose my cool.



I don't scream.



I don't throw.

It's hard,
but I'll try!



I stay cool
like a Superhero!



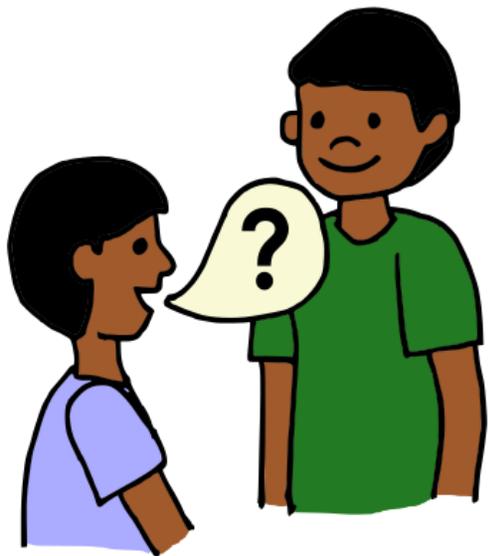
Riding my bike is hard, but I'll try.



This book is hard to reach, but I'll try.



Sometimes my
homework is hard,
but I'll try.



I can ask for help
when I am frustrated.



Sometimes I need
just a little help.



Even superheroes
need help sometimes.



I can try, even when it's hard!